



## Course Dates

**Every Monday**

**8:45am to 1pm**

(excluding public holidays)

**Monday 30 Dec 2024**

**Monday 6 Jan 2025**

**Monday 13 Jan 2025**

**Monday 20 Jan 2025**

**Monday 27 Jan 2025**

**Monday 3 Feb 2025**

**Monday 10 Feb 2025**

## Learn or refresh your skills

**Manual Handling** provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments. Learn how to maintain safety and wellbeing support for both the client and worker.

*We cater for a range of other industries. Enquire with our staff.*



### Course Delivery

Half-day of theory and practical training.

Certificate of Participation is provided upon completion.



### Group Bookings

Book a group at either your workplace with one of our qualified and industry-skilled trainers, or book a room at Bestwest Care Training Rooms.

Chat to our friendly team:  
(08) 9439 1673  
[admin@bestwestcare.net.au](mailto:admin@bestwestcare.net.au)

**\$100 per person**

- ✓ Theory of Safe Manual Handling
- ✓ Safe Manual Handling Techniques
- ✓ Use of Hoists
- ✓ Use of Slide Sheets
- ✓ Assist with Ambulation
- ✓ Follow the Mobility Care Plan
- ✓ Transfers Bed to Chair
- ✓ Transfers Car to Chair
- ✓ Falls Management
- ✓ Use of Policies and Procedures

BUNDLE OFFER

## Looking to do Manual Handling and CPR?

Manual Handling + HLT AID009 Provide Cardiopulmonary Resuscitation (CPR) can be completed in one day, 8:45am to 3:30pm. Or split between two half days.

**\$160 - Special Bundle**

**\$140 - Nursing Student Special Bundle**

**Apply Now!**  
via our QR code below:

