

# Provide First Aid



## Looking to learn or refresh your First Aid skills?

**HLTAID011 Provide First Aid** equips you with the skills and knowledge to deliver effective first aid responses including CPR. This course is suitable for workplace requirements and members of the public who wish to gain these valuable first aid skills.

### **Individual Bookings**

1 day of hands-on training,  
plus pre-course theory.  
Certificate of Attainment provided.

### **Group Bookings**

Book one of our experienced  
Trainers to come to your  
workplace.

### **Fee**

**\$170 per person**

## Topics

- ✓ Hazard Assessment/Risk Management
- ✓ Airway, Breathing and Responsiveness
- ✓ Safe Manual Handling Techniques
- ✓ Cardio Pulmonary Resuscitation
- ✓ Using an Automated External Defibrillator
- ✓ Allergic reactions including anaphylaxis
- ✓ Asthma
- ✓ Basic wound care
- ✓ Severe bleeding
- ✓ Burns
- ✓ Cardiac arrest
- ✓ Choking and airway obstructions
- ✓ Convulsions
- ✓ Snake bites
- ✓ Fractures, sprains and strains
- ✓ Poisoning
- ✓ Respiratory distress
- ✓ Shock
- ✓ Incident reporting
- ✓ Respond to an emergency situation

First Aid is recommended to be renewed every 3 years, and CPR every 12 months

### **Course Dates**

**Fortnightly**

**8:45am - 4:00pm**

(Except Public Holidays)

**Wednesday 26 Feb 2025**

**Wednesday 12 Mar 2025**

**Wednesday 26 Mar 2025**

**Wednesday 9 Apr 2025**

**Wednesday 23 Apr 2025**

**Wednesday 7 May 2025**

**Wednesday 21 May 2025**

**Wednesday 4 Jun 2025**

**Chat to our friendly team:**

**(08) 9439 1673**

**admin@bestwestcare.net.au**



**Apply Now!**  
via our QR code below:

