

# HLTA1D011 Provide First Aid



## Looking to learn or refresh your First Aid skills?

**HLTAIDO11 Provide First Aid** equips you with the skills and knowledge to deliver effective first aid responses including CPR. This course is suitable for workplace requirements and members of the public who wish to gain these valuable first aid skills.

## Individual Bookings

1 day of hands-on training, plus pre-course theory. Certificate of Attainment provided.

## Group Bookings

Book one of our experienced Trainers to come to your workplace.

## **Topics**

- Hazard Assessment/Risk Management
- Airway, Breathing and Responsiveness
- Safe Manual Handling Techniques
- ✓ Cardio Pulmonary Resuscitation
- **Solution** Using an Automated External Defibrillator
- Allergic reactions including anaphylaxis
- Basic wound care
- Severe bleeding
- **Ø** Burns

#### ✓ Cardiac arrest

- Choking and airway obstructions
- Convulsions
- Snake bites
- G Factures, sprains and strains
- **Over Poisoning**
- $\checkmark$  Respiratory distress
- Shock
- Incident reporting
- $\overline{\mathcal{Y}}$  Respond to an emergency situation

#### First Aid is recommended to be renewed every 3 years, and CPR every 12 months

Course Dates

Fortnightly 8:45am - 4:00pm (Except Public Holidays)

Wednesday 29 Jan 2025 Wednesday 12 Feb 2025 Wednesday 26 Feb 2025 Wednesday 12 Mar 2025 Wednesday 26 Mar 2025 Wednesday 9 Apr 2025 Wednesday 23 Apr 2025

Chat to our friendly team: (08) 9439 1673 admin@bestwestcare.net.au

S Fee

### \$170 per person



### Apply Now! via our QR code below:



(08) 9439 1673 admin@bestwestcare.net.au ABN 11 118 107 529 www.bestwestcare.net.au Unit 8 / 40 Meares Ave KWINANA WA 6167