

# Manual Handling Half day course



## Learn or refresh your skills

Manual Handling Refresher provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments. Learn how to maintain safety and wellbeing support for both the client and worker. *We cater for a range of other industries. Enquire with our staff.* 

### $\mathcal{L}_{\text{Mass}}^{\text{O}}$ Course Delivery

Half a day of theory and practical training in person. Certificate of Participation is provided upon completion.

#### 🖒 Group Bookings

Book a group at either your workplace with one of our qualified and industry-skilled trainers, or book a room at Bestwest Care Training Rooms.

## **Course Dates**

Every Monday 8:45am to 1pm (excluding public holidays)

Monday 26 Aug 2024 Monday 2 Sept 2024 Monday 9 Sept 2024 Monday 16 Sept 2024 Tuesday 24 Sept 2024 Monday 30 Sept 2024 Monday 7 Oct 2024 Monday 14 Oct 2024 Monday 21 Oct 2024

Enrol by phone or email to secure your spot!

#### \$100 per person

- Theory of Safe Manual Handling
- Safe Manual Handling Techniques
- (i) Use of Hoists
- **Vise of Slide Sheets**
- Assist with Ambulation
- **Solution** Follow the Mobility Care Plan
- **Transfers Bed to Chair**
- Tranfers Car to Chair
- Salls Management
- ${rak O}$  Use of Policies and Procedures

#### Looking to do Manual Handling and CPR?

Manual Handling + HLTAID009 Provide Cardiopulmonary Resuscitation (CPR) Bundles can be completed in one full day, 8:45am to 3:30pm. Or split between two half days.

\$160 - Special Bundle

\$140 - Nursing Student Special Bundle

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