

Provide First Aid



Looking to learn or refresh your First Aid skills?

HLTAID011 Provide First Aid equips you with the skills and knowledge to deliver effective first aid responses including CPR. This course is suitable for workplace requirements and members of the public who wish to gain these valuable first aid skills.

Individual Bookings

1 day of hands-on training,
plus pre-course theory.
Certificate provided upon completion.

Group Bookings

Book one of our experienced
Trainers to come to your
workplace.

Fees

\$170 per person

Topics

- Hazard Assessment/Risk Management
- Airway, Breathing and Responsiveness
- Safe Manual Handling Techniques
- Cardio Pulmonary Resuscitation
- Using an Automated External Defibrillator
- Allergic reactions including anaphylaxis
- Asthma
- Basic wound care
- Severe bleeding
- Burns
- Cardiac arrest
- Choking and airway obstructions
- Convulsions
- Snake bites
- Fractures, sprains and strains
- Poisoning
- Respiratory distress
- Shock
- Incident reporting
- Respond to an emergency situation



First Aid is recommended to be renewed every 3 years, and CPR every 12 months